

# Staff Matters



## A Message FROM THE CEO



We have had great attendance at our monthly employee forums. The forums are a great way to keep current about what is new at the hospital, where the hospital is headed and for what reasons, to ask questions, and to discuss issues that are important to all of us. Please consider yourself a hospital ambassador and get the word out to your friends and families as you enjoy activities in your community this summer.

**Employee Forums:** Plan to attend one of the Employee Forums!

### Tuesday, May 19th

7:45 am

Cafeteria

10:00 am

Cafeteria

10:00 pm

Administrative Conference Room

### Friday, May 22nd

7:45 am

Administrative Conference Room

10:00 a.m.

Administrative Conference Room

We Care, Always

Mary Ann  
CEO

## MAY

### Hospital Celebrations!

In May we celebrate:

- Critical Care Month
- Better Sleep Awareness Month
- Osteoporosis Awareness Month
- Nurses Week (May 6-12)
- Hospital Week (May 10-16)
- Women's Health Week (May 10-16)

## JUNE

### Hospital Celebrations!

In June we celebrate  
Healthcare Risk Management Week  
(June 15-19)



700 Medical Boulevard | Englewood, Florida 34223

### Mission Statement:

*We strive to exceed the expectation of the people we serve by providing high quality, state-of-the-art health care services in a compassionate, courteous and friendly manner.*

# May is Better Sleep Awareness Month

## Sleep Disorder Center Opens

Our Sleep Disorder Center opens mid-May, and we are accepting appointments for Polysomnograms or Sleep Studies.

Diagnostic testing is the foundation of the sleep evaluation and is performed during an overnight stay in the hospital's Sleep Lab. After registration, the patient is escorted to the Sleep Lab and brought to a private suite for the evening. The sleep technician places several small sensors on the patient; the sensor will not cause any discomfort. These sensors record a variety of body functions during sleep, such as the electrical activity of the brain, eye movement, muscle activity, heart rate, respiratory effort, air flow and blood oxygen levels.



# Lunch & Learn

## Do You Have Sleep Apnea?



The Englewood Women's Group is sponsoring a Lunch and Learn program about Sleep Apnea on Tuesday, May 19 at noon in the Administrative Conference Room. To attend, please call Consult-A-Nurse at 473-3919.

## MAY IS CRITICAL CARE MONTH

### Honoring ICU & PCU Staff

We recognize and salute the dedicated nursing professionals who care for critically ill patients and their families. In honor of their efforts, May is designated National Critical Care Awareness and Recognition Month. This observance is an excellent time to pause to celebrate and recognize the dedication and commitment that critical care team members demonstrate every day to their patients and their patients' families. When asked how they wanted to celebrate, the staff requested educational programs on Critical Care topics, which has been arranged by our Education Department. Classes are scheduled throughout the month.

Our ICU staff recently gathered for a group photo, which will be used on the new ICU Patient and Visitors Information brochure.



# Healthy Living

## May is National Osteoporosis Awareness and Prevention Month

Englewood Community Hospital's Osteoporosis Support and Education Group will be wrapping up their 5th season of educational programs on May 11, 2009 at 12 noon.

The informal meetings are sponsored by Englewood Community Hospital and the National Osteoporosis Foundation (NOF) and are held monthly (October through May) at the Suncoast Auditorium of Englewood Community Hospital.



According to the NOF website, "Osteoporosis is a debilitating disease in which bones become fragile and more likely to break. If not prevented or left untreated, it can progress painlessly until a bone breaks. It is a major public health threat for an estimated 44 million Americans. 55 percent of people 50 years of age and older are at greatest risk, but it can strike at any age."<sup>1</sup>

The NOF goes on to say, "any bone can be affected, but of special concern are fractures of the hip and spine. A hip fracture almost always requires hospitalization and major surgery. It can impair a person's ability to walk unassisted and may cause prolonged disability or even death. Spinal or vertebral fractures also have serious consequences, including loss of height, severe back pain and deformity."<sup>2</sup>

The National Osteoporosis Foundation ([www.nof.org](http://www.nof.org)), the nation's leading voluntary health organization solely dedicated to osteoporosis and bone health, recommends the following **5 steps** to bone health and prevention of osteoporosis:

- 1) **Eat right**- Get your daily recommended amounts of calcium and vitamin D.
- 2) **Exercise**- Engage in regular weight-bearing and muscle strengthening exercise.
- 3) **Maintain a healthy lifestyle**- Avoid smoking and excessive alcohol consumption.
- 4) **Talk to your health care provider**- Talk to your healthcare provider about bone health.
- 5) **Get tested**- Have a bone density test and take medication when appropriate.

Anyone interested in learning more about issues surrounding osteoporosis are welcome to attend one or all of the meetings. The May 11th meeting will be a "potluck" style lunch at 12 noon and an informal presentation given by Paula Flammia PT, physical therapist, on the topic of "Safe Exercise".

**RSVP: 475-3558 Rehabilitation Center of Englewood Hospital.**

# Women's Wellness Center Celebrates **5 YEARS!!!**

It is hard to believe that 5 years have passed since the opening of the Women's Wellness Center. Its doors opened April 14, 2004 and since then has served over 10,400 women, and men, in our community. In celebration, the Women's Wellness Center served cake and refreshments to patients seen that day.

Please congratulate the staff at the Women's Wellness Center for reaching this milestone and serving our community: Darlene Lindsey, Diane Traynor and Pam Magruder.



Mary Ann Conroy with Mary Robels at the 5th Anniversary Celebration of the Women's Wellness Center. Ms Robels stated, "I love it at the Women's wellness center, I love the technician, she is so sweet and gentle". "She makes us feel more comfortable." Gladys Luzar also attended the celebration and joined with the group for a photo. Ms. Luzar stated, "The girls are very patient, gentle, caring and friendly". I have become friends with Diane."

## National Nurses Week **May 6 - 12, 2009**

National Nurses Week begins May 6 and ends on May 12, Florence Nightingale's birthday. The important role nurses play in the delivery of health care cannot be overstated. Our facilities rely on their training, experience and caring nature every day. Nurses Week provides a wonderful opportunity to celebrate the spirit of nursing and acknowledge the tireless efforts of these vital health professionals.



Nurses Week is one of the nation's largest health care events, recognizing nurses from coast to coast and educating the public about the significant work they perform. Many activities are planned for Nurses Week for your enjoyment!

## Hospital Week **May 10 - 16, 2009**

National Hospital Week dates back to Chicago, 1921, with an idea that a public health care event would encourage trust in the city's hospitals. The idea worked well and quickly spread from coast to coast. Today, National Hospital Week is the nation's largest health care celebration, with participants in every state.

National Hospital Week is a celebration of health and of the many individuals who unite to meet the daily health care needs of our patients and our community. Our caring and compassionate hospital staff share a calling to help others. We want the very best for our patients, and that's what we bring to the hospital every day of the year.



# 2009 youth art contest

“Nurses Caring for Englewood”  
 Celebrating National Nurses Week  
**May 6 - 12, 2009**



The youth in our community showed their support for our Nurses Week art contest. We had over 200 pieces of artwork submitted and every single one is precious. The thoughts and feelings captured by their artwork is a reflection of the meaningful work done by nurses and the entire healthcare team. The winning art work will be on display during Nurses and Hospital Week and then will be hanging in our hallways and throughout the hospital for all to enjoy.

The grand prize artwork was submitted by Sophie Cattermote, 6th grade, from L. A. Ainger Middle School. Perhaps we have found some future healthcare professionals...well for sure some future artists!  
 Enjoy the artwork!



*by Sophie Cattermote*

## Charlotte County Honors Volunteers

Our Englewood Community Hospital Volunteers received the President’s Award for Volunteerism at the recent Charlotte County VolunteerWay lunch.

Seated: Alice Twitchell  
 Standing, Left to Right: Gertrude Bouwma and Alice Wickersheim  
 Not pictured: Doris Hough



## EMPLOYEE ADVISORY GROUP NEWS

Please take a moment to congratulate our ECH staff on their Birthdays and Anniversaries!

### June Birthdays

Barbara Wood	Case Management	06/15
Beth Kujawa	Med Intensive Care	06/26
Carol Alexander	Surgery	06/01
Carol Engel	Administration	06/11
Christopher Louis	Administration	06/28
Cynthia Beegle	Med/Surg	06/28
Deborah Gruntman	Med/Surg	06/22
Donna VanDeloo	Med/Surg	06/03
Edith McMullen	General Accounting	06/24
Elizabeth Walters	PCU	06/27
Jeannine Inkersell	Med/Surg	06/30
Jorge Irizarry	Respiratory Therapy	06/19
Joseph Wik	Radiology	06/22
Judith Strickland	Communications	06/30
Karen Alzman	Respiratory Therapy	06/30
Laurie Osborne	PCU	06/01
Lynda Cushman-Komar	Respiratory Therapy	06/18
Marie Macdonald	Recovery	06/11
Marie Valeri	Medical Records	06/19
Marsha Graham	Medical Records	06/27
Mary McKinley	Risk Management	06/24
Michael Kimball	Cat Scan	06/06
Michelle Bustamante	Med/Surg	06/05
Michelle Pace	Dietary	06/30
Phillip Austria	Dietary	06/18
Sherri Wetherill	Respiratory Therapy	06/22
Shirley Casimir	PCU	06/01
William Dupras	Dietary	06/06



### June Anniversaries

Badger Jill	PCU	06/04/2007
O'Brien Brent	Radiology	06/04/2007
Madden Bridget	PCU	06/05/1995
Hinck Julie	Med Intensive Care	06/07/2004
Smith Alice	Lab	06/08/1992
Lynnais Claire	Recovery	06/11/1990
Melnik Ekaterina	Housekeeping	06/12/2002
Giddings Brian	Radiology	06/18/2007
Hixon James	Surgery	06/18/2007
Sledzinski Emily	Radiology	06/18/2007
Walters Elizabeth	PCU	06/18/2007
Patel Pravin	Nuclear Medicine	06/18/2004
Short Mindy	PCU	06/21/2005
Alexander Carol	Surgery	06/24/2005
Truex Andrea	PCU	06/24/1991
Draughon Jeanette	Medical Records	06/26/2006
Lapean Shelley	Med Intensive Care	06/27/2005
Scott Carol	Med/Surg	06/29/1992

## Are Wii There Yet?

Yes, Wii is here! The Rehabilitation Center of Englewood Community Hospital has incorporated the Nintendo Wii system into the rehabilitation program. The Wii is a dynamic medium that can address coordination, balance, standing or sitting tolerance, eye-hand coordination, cognition and endurance for persons with stroke and other disabilities. The system is gaining wide acceptance into the professional healthcare setting. It is an inexpensive gaming system that complements rehabilitation by using fun technology to increase an individual's function at home and in the community.



# GREEN TEAM

## NEWS



### Earth Day Celebration

Thank you to everyone who joined us in celebrating Earth Day on April 22nd. We appreciate your pledge to support our team, our hospital, our community and our planet. We hope you received a flyer listing some of the accomplishments at ECH to date and a pen made from recycled products. The "corn cups" were the talk of the party. Special thanks to Jim Reske in ER for the information on our local Sierra Club and to Ginny Clark in Radiology for information on the Turtle Division of the Coastal Wildlife Club. Please contact them if you would like more information. Also special thanks to Patti Duignam for donating the badge holder for our prizes.

The Green Team just completed our "lights out" signs in appropriate areas of the hospital and added more paper and cans/bottles containers for our recycle program. We are beginning several new projects you will hear about soon. The following prizes were won in a drawing of pledge forms received:

- Live plants: Louann Angelo (Education), Cheryl Rivard (EVS), Andrea Truex (Critical Care)
- Fossil designer tote: Cora Conway, Lab
- Vera Bradley tote: Debbie Eve, PCU
- JC Penney tote: Kristi Chance, Infection Control
- Christopher Banks tote: Cindy Goodrich, Med Surg
- Pottery Barn lunch bag: Paula Flammia, OP Rehab
- Starbucks travel mug: Carol Guckenheimer, PBX
- Publix Earth Day totes: Tammy Shipp (IP Rehab) Bonnie Recine (PAS) Pete Janos (Security)
- Pier 1 recycled coasters: Larry Lloyd, Pharmacy
- Badge holder made by Patti Duignam: Shirley Bell, PBX
- Art in Nature calendar: Marcia DesVignes, PCU
- Movie tickets: Ed Jarrell (Cath Lab) Jim Reske (ER), Jorge Irizarry, Respiratory Be Green Idea Book: Kathy Bass, Lab

Gale West won the Best Dressed Prize which was the Garden tote with plant.

If you have any ideas you would like to share with the Green Team, please MOX Carolyn Exelby.



# community outreach

## the JOINT CARE CENTER OPEN HOUSE

We invited the community to join us on April 30, 2009 as we hosted an Open House celebrating the grand opening of the Joint Care Center. Hosting the ribbon cutting ceremony and dedication of the unit were Mary Ann Conroy, CEO and Orthopedic Surgeons, Joseph Noah, M.D. and Edmund Witkowski, M.D. We had a great turn out from the Board of Trustees, the Chamber of Commerce and the community. Thank you to Open House team leader Chris Louis and to everyone who worked on preparing the unit and organizing and staffing the Open House. It was a wonderful opportunity to showcase our hospital and the quality of care that we provide for our patients.



## CITIZENSHIP RECEPTION

The hospital hosted a Citizenship Reception on April 16 for Donna Alton, Med-Surg Director (Canada) and Marilyn Schnars, CNA, PCU (Philippines), to celebrate their swearing in as US citizens. After hearing about their journey to US Citizenship, we played Citizenship Trivia and learned we are smarter than a 5th grader! The world map that was displayed in the cafeteria showed where we are from and demonstrated how Englewood makes a difference throughout the world!

